

COSMOS PRO Thank you for choosing the boAt Cosmos Pro as your fitness

transformation companion.

Allow this manual to guide you through the functioning of your smartwatch. Please read it thoroughly before using it for a smooth sail. You may refer to these instructions for later use as well.



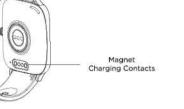


USB magnetic charging cable

The smartwatch must be charged before initial use. It takes 30 minutes to be fully charged.

will disable all functions.

Connect and charge the watch with the image below as a reference, using a 5V/2A adapter. Note: Once your watch is at 10% battery, it will automatically switch to power saving mode which



**TURNING THE WATCH ON/OFF** To turn the watch on/off, long-press the side button for 3-5 seconds.

You can wake the screen by lifting your wrist. Enable it from the app to use.

Scan [QR CODE] (Also available on the watch)

1. Download the boAt Crest app on your phone.

Available on both App Store (iOS 13.0 and above)

and Google Play Store (Android 7.0 and above)

2.Connect the device directly with the mobile application. 3. Select Cosmos Pro on the home screen of the app and click OK

4. Once you are connected, you will receive a pop up on the app home screen to connect it with the phone's Bluetooth. Click on CosmosPROBT to receive calls on your watch. Alternatively, you can go to your phone's Bluetooth, search for CosmosPROBT and click connect.

5. Turn your phone's Bluetooth and GPS on.

6. Disable battery optimization

Note: To ensure connectivity throughout your journey, make sure the app is allowed to run in the background of your phone at all times.

SHORT PRESS THE SIDE BUTTON ONCE TO ENTER THE MAIN MENU

Use this to dial any number from your watch.

Add contacts from your boAt crest app -> settings -> Cosmos pro features -> Bluetooth calling You can sync upto 10 contacts on your watch.

ata Synchronization

Open the app on your phone.

the watch face with the app.

You can view recent contacts here.

### CONNECTING TO THE APP

ou also get an array of activity mode options on the app which you can select and push to the

Pilates, Skipping, Hiking, Hockey, Kabaddi, Bowling

he steps to use them are as follows.

Make sure your watch and app are connected. Also ensure any existing activity record on the

tch is already synced to the app. Select the activity category of interest

. Next, select the activity you want to replace.

The screen will show you the list of activities within the category. Further select the activity within this category which you want to push to the watch.

Note: Measurements are for reference only and not for medical purposes. Make sure you are in a still position for accurate results

You can also search for an activity from the search box.

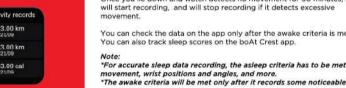
. Once you confirm, it will be available on your watch for use! o pause or stop the exercise, press the home button.

All records will be available on the app if you keep it synchronized.

our watch is equipped with 20 default activities from Walking, Treadmill, Running, Badminton.

ootball, Basketball, Tennis, Yoga, Dancing, Indoor Cycling, Cricket, Boxing, Karate, Table Tennis,

on this icon to check sports records.



## Wear the watch on your wrist, then click on the measure button to

Blood Oxygen Level Monitor

start measurements. You can also view the data on the app.

Note: Measurements are for reference only and not for medical

Wear the watch on your wrist, then click on the measure button to

start measurements. You can also view the data on the app.

Tap on the icon to review the sleep data of the previous night.

You can also track sleep scores on the boAt Crest app.

movement, wrist positions and angles, and more.

Make your custom fitness plans based on your BMI.

Once the asleep criteria is met, your wave Cosmos Pro will start

recording from 8 pm at night to 10 am in the morning the next day.

Once you lie down and watch detects no movement for 30 minutes, It

You can check the data on the app only after the awake criteria is met.

watch. Once done click confirm, you activity will be synced to the watch.

230 mAh

Bluetooth 5.0

about 30 mins

-20 ~ 60 degree

about 7 days

1.78" AMOLED Display

lick on the breath training icon to regulate your breathing with the

Turn this feature on from your app to receive notifications on your watch. You can also send quick replies on an incoming call or SMS notification.

Note: The watch can be used to reject calls only. Quick replies will work only with call and SMS notifications..

Tap on this icon to start the timer.

instructions given to relax. Note: Measurements are for reference only and not for medical purposes.

Tap on this icon to set alarms,

ap on this icon to turn your screen into the flashlight.

Tap on the icon to start the stopwatch.



with different control protocols.

Tap on this icon to launch music control mode.

Click on the remote camera icon on your Cosmos Pro to click a photo fro your phone.

Note: Turn the camera on from your app to use this feature.

Note: Ensure the music App is running on your phone for this feature to

work properly. This feature might not work for some of the Music Apps

Enable this feature from the app to track the weather forecast for next 6

You can also track humidity, wind speed and air pressure for the current

## Note: Your Cosmos Pro should be connected to your phone via Bluetooth

## Tap on this icon to find your phone. Once enabled, your phone will start

ringing and vibrating. Tap again to stop it.

Give commands to your watch via siri and Ok Google.

and within its range for this feature to work.

This feature works with your phone's voice assistant, you can give commands to the watch and can get the answers on the phone. To use this feature make sure your watch is connected with your app as well as Make sure your phone is in the unlock state to use this feature.

Tap on this icon to change your watch face.



his feature allows you to see the time display always on your watch

Note: Battery will drain out much quickly if you enable this feature

You can select pre loaded anlog or digital watch face.

Set your preferred vibration intensity for your watch.



Tap on this to restart your watch.



Tap on this to reset watch data.

\*Note: All data will be erased if watch is reset

Tap on this to switch your watch off.







Tap on this icon to view information about the watch.

Swipe down for shortcut menu You can access DND, find my phone, raise to wake gesture, alarms, brightness and settings.



You can access daily activity and sports records, heart rate monitor, blood oxygen monitor, temperature monitor, sleep monitor, music control, weather forecast and notifications from here.

Tap on this icon to download the app through QR code.

Swipe left or right to access records and monitors

e up to view live cricket scores. able this feature from the app to use,



SYNCING YOUR SMARTWATCH TO THE APP

ake sure your Cosmos Pro is connected to the app.

Select the match and time Intervals to receive notifications on the

to the home page -> tap on the cricket icon on the top right corner

ynchronization will start automatically once you enter the app interface. ote: Synchronize data at least once every day to avoid data loss in the watch.

> ck your energy level throughout the day with the Energy Meter score on the app. Click the Energy Meter value on the App Dashboard to see detailed insights as well as storical data of energy spent. energy meter takes into account various parameters like your age, BMI, sleep data, tivities performed etc. and gives you a real time update of your energy level on a scale of

AVIGATING THROUGH THE FUNCTIONS hanging the dial interface

ect cloud watch faces on the app and push your preferred watch face to your to the boAt crest app -> Settings -> Cosmos pro features -> Watch faces. Note: Make sure your watch and phone are connected via Bluetooth. Do not exit the downloading Interface until it displays 100% downloaded. It may take up to 60 secs to sync

Using the Cosmos Pro Long press the home screen to select the watch face. Go to settings of the watch -> Display -> Watch face -> Select the watch face of your choice.

To use this feature follow below steps 1. Download the boAt crest app and start the onboarding process 2. Select Cosmos pro from the list and connect the watch with the app

4. You will be able to make and receive calls once the onboarding is done. You will be able to access dialer, phonebook and call history from the watch.

Go to Settings -> Bluetooth Calling -> Sync contacts -> Click on "+" to add the contacts.

Up to 10 contacts can be saved in the phonebook.

Bluetooth calling feature Cosmos pro comes with Bluetooth calling feature with which you can directly make or receive calls from your watch.

3. Once this is done, you will receive a pop up on the app home screen to connect it with phone's Bluetooth. Click pair to connect. Alternatively, you can go to your phone's bluetooth setting and select Cosmos PRO BT and click connect.

Add your contacts on the phonebook from the boAt Crest app.

Note: Battery will drain out fast if you are using bluetooth calling feature.

You can access steps, HR, spo2, sleep, energy meter data here.

### Swipe left to access 700 active modes Click on the >> icon to select the activity from the list of categories

Battery Capacity

Bluetooth version

Charging time

Frequency band

Working time

Working temperature

Maximum transmit power 8dBm

Swipe left to access Fitness plans

For instance, click on bicycling, click the next button. Once you get in you can select any activity of your choice from this category, click the next button.

\*For accurate sleep data recording, the asleep criteria has to be met which includes limited

\*The awake criteria will be met only after it records some noticeable movement.

. Close all the programs on the watch → Stop and restart Bluetooth and GPS → Connect again

Note: Make sure your phone system meets Android 7.0 and above and iOS 13.0 and above.

Check and enable notification functions of your phone and keep the phone and watch in close

Regularly clean your wrist and the strap of the smartwatch, especially after sweating during

ake sure smart reminders on the app are on and synced to the Cosmos Pro. Also make sure your notification center of the phone is displaying messages. Only then will your smartwatch also display those notifications.

here is no obstacle in between the watch and the phone.

Call & Text Notifications, Find My Phone, music control, cloud and custom watch faces need Bluetooth connectivity to work.

The time displayed on my phone and on the Cosmos Pro are inconsistent Make sure your watch Cosmos Pro is connected to your phone through the app and not your phone's Bluetooth feature itself.

he IP68 water resistance will only work under the following conditions: (1) Maximum depth of water: 1.5m (2) Maximum time for exposure to water: 10 minutes

How do I receive live cricket scores?

What is the average rate of fast charging?

Watch will be fully charged in 30 minutes.

Will it be okay to take a bath wearing the Cosmos Pro?

want to receive notifications -> Select the time interval.

Note: Notifications can be received for 1 match at a time.

SAFETY & PRODUCT INFORMATION

Do not disassemble, bore or damage the battery.

. Do not use sharp objects to remove the battery.

before using the heart rate monitor of the watch.

completely accurate.

The measurements are for reference only because there is a different way to measure your blood

If you are wearing a pacemaker or other implanted electronic devices, please consult your doctor

. The optical heart rate sensor will glow green and Cosmos Pro. If you suffer from epilepsy or are

sensitive to blinking light sources, please consult your physician before wearing this device.

The device tracks your daily activities through sensors. This data is intended to tell you about

your daily activities such as steps, sleep, distance, heart rate and calories, but may not be

oxygen levels on your watch and a different way when medical equipment is used.

Do not disassemble the built in batteries of non-replaceable battery devices.

xercise or being exposed to substances such as soap or detergent, which may get stuck on the he watch isn't suitable for hot baths, hot springs, saunas, snorkeling, diving, water skiing and other other end of the product wading or deep-water activities with high-speed water flow. Do not wash the strap with a household cleanser. Please use soap less detergent, rinse oroughly and wipe with a piece of soft towel or napkin. Why is my blood oxygen level measurement not accurate? or spots or stains that are not easy to remove, scrub the area with rubbing alcohol and then

Replace already selected activity from the list as at a time only 20 activities can be stored on the

Search for the app to connect keeps failing Keep the boAt Crest app updated to the latest version

My Cosmos Pro is receiving no alerts, texts, or phone calls

My Bluetooth keeps getting disconnected lake sure there is not more than 7m distance between Bluetooth on the phone and the watch.

Which functions of the Cosmos Pro need Bluetooth to work?

diagnosis, monitoring, treatment or prevention of any diseases or symptoms. The heart rate and blood pressure data is for reference only. We're not responsible for any deviation in data.

Avoid wearing the watch too tightly. Make sure you keep your skin dry - the area that comes in

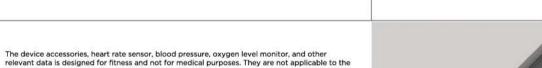
The device accessories, heart rate sensor, blood pressure, oxygen level monitor, and other

Go to app home page-> click on the cricket icon top right corner-> select the match for which you Things to keep in mind

other corrosive liquid. The damage or defects caused by misuse or improper use are not covered

 Avoid wearing the watch too tight in daily use. Keep the parts of skin touching the watch dry. Keep your arm still while measuring data for accurate measurement.

manual without any prior notice. At the same time, we hold the right to continuously update the



contact with the watch. If symptoms such as redness or swelling appear on your skin, immediately stop using the watch and consult the doctor.

 Sync data every day to avoid data loss. Water Resistance will not work for seawater, acidic and alkaline solutions, chemical reagents and

Sports modes support up to 6 hours of exercise at a time.

Disclaimer: This product is an electronic monitoring product and is not intended as a medical reference. We reserve the right to modify or improve any of the functions described in this

# product content.

RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT SUBSTITUTE. DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS.

Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort you contribute to recycle valuable raw materials and treatment of toxic substances.





